



**SATURDAY, MAY 23, 2026 – Kinnear Centre (Banff Centre for Arts and Creativity)**

09:30 – 10:00am **INTRODUCTIONS & PREPARING FOR THE DAY**  
KC 303

10:00 – 12:00pm **ENGAGEMENT IN RESEARCH (Joint Session)**  
KC 303

**A) OVERVIEW OF PWLE ENGAGEMENT**

**Speaker Panel:** Michelle Nelson, Ada Tang

Historical overview of how PWLE Engagement has evolved over the last 5-10 years and the many roles PWLE play (i.e. advocate, collaborator, advisor) and how this has impacted design of trials.

**B) OPPORTUNITIES, CHALLENGES, AND PERSPECTIVES ABOUT PWLE ENGAGEMENT: ASPIRATIONS TO OPERATIONS**

**Speaker Panel:** Shannon Bayluk (PWLE), Kevin Moncion (ECR), Elise Wiley (Trainee), Jill Williamson (Research Coordinator)

**Moderator:** Patrice Lindsay

In this session, you will hear what Engagement means and how it is applied from panel members representing different perspectives, following by a Q&A session.

**C) DESIGNING AND IMPLEMENTING PWLE ENGAGEMENT STRATEGIES**

In small groups, with at least one representative from each of the 4 workshops, groups will discuss a specific topic surrounding a real-life example of PWLE Engagement considerations.

**Moderators:** Kevin Moncion & Elise Wiley

12:00 – 1:00pm **LUNCH (KC 101-103)**

1:00 – 1:30pm **Overview of People with Lived Experience (PWLE) Engagement**  
KC 303

**Speaker:** Michelle Nelson

- Define PWLE, who is included, how are they identified.
- Discussion of importance of caregivers and family members, value, how and when to engage, compensation, confidentiality.
- Frameworks for Engagement of PWLE – Healthcare Excellence Canada, CIHR, OH.
- Review the Knowledge-to-Action cycle (KTA) and roles of PWLE at each stage within the cycle.

Hosted by:

1:30 – 2:30pm

**Breakout Discussion: PWLE Engagement and Contributions in Research**

**KC 303**

**Moderators:** Jennifer Monaghan, Jaylyn Leighton

- The different ways people with lived experience can contribute to research — and why each role matters.
- Real challenges that come up during engagement — examples and practical ways to navigate them.
- What it takes to create environments where meaningful engagement is actually possible.
- Who needs to be involved in research, and how to plan for that from the start.

2:30 - 2:45pm

**BREAK**

2:45 – 3:45pm

**What is Advocacy? Why would you use it in research? What is its role?**

**KC 303**

**Speakers:** Patrice Lindsay, Sharon Gilroy-Dreher

- Overview of advocacy goals, roles and opportunities.
- Building communication skills and capacity.
- **Breakout:** Provide an opportunity to work through different scenarios in small groups followed by a larger group discussion around each scenario, sharing perspectives.

3:45 – 4:00pm

**Wrap-Up Closing Remarks**

**Speakers:** Patrice Lindsay, Michelle Nelson

4:15 – 5:15pm

**Indigenous Engagement Workshop**

**KC 303**

This session will provide researchers, trainees, clinicians, policy makers and people with lived and living experience with a foundational overview of Indigenous history shaping current realities for First Nations, Métis and Inuit in Canada, as well as non-Indigenous Canadians, including Indigenous inherent rights, meaningful land acknowledgements, Indigenous data sovereignty and cultural safety, with an emphasis on respectful engagement in health research and patient partnership contexts.

**Speakers:** Alexandra and Malcolm King

5:15 – 6:00pm

**CONNECTING MINDS** (Supported by Alberta Innovates)

**KC 101-103**

*Connecting Minds* is a welcoming space for early career researchers, senior researchers, trainees, research coordinators, and people with lived experience of stroke to connect and exchange ideas. Come meet new people, share perspectives, and explore opportunities to collaborate toward meaningful impact in stroke research and care.

Hosted by: